

<b>Syllabus for</b> [ <i>General Psychology</i> ] – Online		
<b>Semester &amp; Year</b>	Fall 2018	
<b>Course ID and Section #</b>	Psych-1-V4729	
<b>Instructor's Name</b>	Deanna Herrera	
<b>Number of Credits/Units</b>	3	
<b>Contact Information</b>	<i>Office location</i>	Contact by email through Canvass
	<i>Office hours</i>	By Appointment
	<i>Phone number</i>	
	<i>Email address</i>	Deanna-Herrerathomas@redwoods.edu
<b>Textbook Information</b>	<i>Title &amp; Edition</i>	General 10 <sup>th</sup> Edition
	<i>Author</i>	Wayne Weiten
	<i>ISBN</i>	1305630556
<p><b>Course Description</b> A course focusing on the scientific study of behavior and mental processes. The content of the course focuses on the exploration of major theories and concepts, methods, and research findings in psychology. Topics include biological foundations, perception, learning, cognition, emotion, motivation, development, personality, social psychology, psychological disorders and therapies, and applied psychology. This course is transferable to four-year colleges and is a prerequisite for most upper division psychology courses.</p>		
<p><b>Student Learning Outcomes</b></p> <p>1.Explain concepts in areas of psychological theory. 2.Recognize and understand the impact of diversity on psychological research, theory and application,including (but not limited to): age, race, ethnicity, culture, gender, socio-economic status, disability, and sexual orientation. 3. Demonstrate critical thinking skills and information competence as applied to psychological topics. 4. Analyze how experience, culture, learning and biology affect behavior and cognitive processes</p>		
<p><b>Necessary Computer Skills</b> Online courses require adequate computer skills. You must be able to:</p> <ul style="list-style-type: none"> <li>• navigate the course Learning Management System (Canvas)</li> <li>• receive and respond to your CR email</li> <li>• download and upload files to the Canvas, and</li> <li>• use a word processor (such as Microsoft Word)</li> </ul> <p>It is your responsibility to meet the technological demands of the course.</p>		
<b>Technology Requirements (computer, other hardware, and software)</b>		

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You should have high-speed internet (such as broadband) service from cable, DSL, or satellite providers as there are videos that require this speed. You need to have reliable access to the internet for the duration of the course. Anticipate problems with your computer and internet access (including power outages) by not waiting until the last minute to submit assignments. It is your responsibility to meet the class deadlines. I have learned this the hard way myself, so I do understand, but this point can not be overly emphasized. Start your work as soon as is possible to do so that any computer glitches can be remedied by the due dates. Especially, for longer assignments, like research papers or group collaborations.

### Technology Support

Before contacting Technical Support please visit the Online Support Page at <http://www.redwoods.edu/online/Help>.

For password issues with Canvas, Web Advisor or your mycr.redwoods.edu email, contact Technical Support at [its@redwoods.edu](mailto:its@redwoods.edu) or call 707-476-4160 or 800-641-0400 ext. 4160 between 8:00 A.M. and 4:00 P.M., Monday through Friday.

### Special Accommodations

College of the Redwoods complies with the Americans with Disabilities Act in making reasonable accommodations for qualified students with disabilities. Please present your written accommodation request at least one week before the first test so that necessary arrangements can be made. No last-minute arrangements or post-test adjustments will be made. If you have a disability or believe you might benefit from disability related services and may need accommodations, please see me or contact [Disabled Students Programs and Services](#). Students may make requests for alternative media by contacting DSPS at 707-476-4280.

### Regular Effective Contact

Announcements will be made weekly, Discussion forums will be provided on most weeks, and the instructor will return communications in 48 hours or less other than on weekends and holidays. Instructor will check in regularly with the class and personal appointments can be scheduled weekly.

### Academic Support and Resources

Academic support is available at [Counseling and Advising](#) and includes academic advising and educational planning, [Academic Support Center](#) for tutoring and proctored tests, and [Extended Opportunity Programs & Services](#), for eligible students, with advising, assistance, tutoring, and more. The following resources are available to support your success as a student:

- CR-Online (Resources for online students): <http://www.redwoods.edu/online>

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- Library (including online databases): <http://www.redwoods.edu/library/>
- Canvas help and tutorials: <http://www.redwoods.edu/online/Canvas>
- Student Online Hand Book:  
<http://www.redwoods.edu/Portals/72/Documents/Students/CR-OnlineStudentHandbook.pdf>

### Course Communication

I will be sending out Announcements weekly to keep you informed. I am available by email. It is important that this course integrates fluidity in communication so that students communicate with me and with one another in a way that creates community. I will read all discussion posts and join in at the beginning of the semester, but I want the Discussion pages to be focused on student communications so that you have a format to build a community with one another. Student work groups will be created on a shared assignment so that you can share skills and community.

Communications will be civil and respectful. It isn't always easy to read tone through the Canvas formats, so please go out of your way to be supportive and positive when responding to other students. This is especially true of Discussion posts. Also, be mindful that it is possible to overshare personal information. If I notice that you are sharing inappropriate information that could place you or others in an awkward or vulnerable situation on-line, then I will send you a note.

If you have questions concerning grades this is best done through email to me through the Canvas link.

**.Instructor can be contacted by Canvas email, and will do her best to respond quickly. However, if assignments are due and students contact instructor at the due day and around the time for submissions it is unlikely that the instructor will get back to students quickly due to the volume and timing of communications.**

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### Academic Honesty

In the academic community, the high value placed on truth implies a corresponding intolerance of scholastic dishonesty. In cases involving academic dishonesty, determination of the grade and of the student's status in the course is left primarily to the discretion of the faculty member. In such cases, where the instructor determines that a student has demonstrated academic dishonesty, the student may receive a failing grade for the assignment and/or exam and may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct (AP 5500) is available on the College of the Redwoods website at: <http://www.redwoods.edu/board/Board-Policies/Chapter-5-Student-Services>, and scroll to AP 5500. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the college catalog and on the College of the Redwoods website.

### Disruptive Classroom Behavior

Student behavior or speech that disrupts the instructional setting will not be tolerated. Disruptive conduct may include, but is not limited to: unwarranted interruptions; failure to adhere to instructor's directions; vulgar or obscene language; slurs or other forms of intimidation; and physically or verbally abusive behavior. In such cases where the instructor determines that a student has disrupted the educational process a disruptive student may be temporarily removed from class. In addition, he or she may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct (AP 5500) is available on the College of the Redwoods website at: <http://www.redwoods.edu/board/Board-Policies/Chapter-5-Student-Services> and scroll to AP 5500. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the college catalog and on the College of the Redwoods website.

### Emergency Procedures for College of the Redwoods:

**RAVE** – College of the Redwoods has implemented an emergency alert system. In the event of an emergency at the college you can receive an alert through your personal email and/or phones at your home, office, and cell. Registration is necessary in order to receive emergency alerts. Please go to <https://www.GetRave.com/login/Redwoods> and use the "Register" button on the top right portion of the registration page to create an account. During the registration process you can elect to add additional information, such as office phone, home phone, cell phone, and personal email. Please use your CR email address as your primary Registration Email. Your CR email address ends with "redwoods.edu." Please contact Public Safety at 707-476-4112 or [security@redwoods.edu](mailto:security@redwoods.edu) if you have any questions.

*College of the Redwoods is committed to equal opportunity in employment, admission to the college, and in the conduct of all of its programs and activities.*

<b>Syllabus for</b> [ <i>General Psychology</i> ] – Online
<b>Proctoring</b> There will be no proctoring of exams for this course.

Detailed Syllabus

## Detailed Syllabus

### General Psychology-Psych. 1

**Instructor:** Dr. Deanna Herrera (I prefer to be called Deanna)

**Email:** Please use your Canvas email or send a message to Deanna-Herrerathomas@redwoods.edu

**Office Hours:** Friday mornings between 8:00 and 9:00 AM or another time we have scheduled

### Course Objectives

This course is designed to provide you with a foundational understanding of the riveting field of psychology (truly, it *is* riveting). Although, this will not be an easy task, it need not be painful and we should have fun accomplishing this goal. Keeping up with reading (or the audio presentation of the reading) is essential to your success in this course.

### Expectations and Commitments of Students

It is necessary to keep up with the reading that is embedded in the Modules provided on Canvas and additional unit discussions. Each chapter will include assignments related to it, as well as additional materials that support the information (such as videos, images, PowerPoint, research articles etc...). Please give yourself the best opportunity to succeed by participating in discussions and take extra credit assignments seriously and get your work in on time. This three credit-hour class will require about nine hours per week of your time. You must carefully read textbook chapters, submit thoughtful writing assignments, complete a research paper analysis, and successfully demonstrate your learning in exams. Conscientiousness, courteousness, attention to details, reading

**writing and study skills are critical to your success. It is highly recommended that you have taken English 1A to take this course and be successful in it. Because there is flexibility built into the schedules of online courses you will need to monitor when and how much you read and work on assignments. Creating a weekly study schedule is helpful. Students who have done well in my courses tell me that they check in for 30 minutes each night or day, just to see what is posted and if there are any upcoming assignments to attend to. I make sure that due dates for all assignments are on the same day. I did stagger assignments throughout the week in the past, to keep students on track, but this seemed to be confusing for some to, "chase due days".**

**It is very important to check in on assignments early in the week, in case you are having difficulties accessing materials. I will post videos in Discussion pages to review that will frame the conversation, on some weeks, and if the video does not play for you, I will have time to re-post the video or you will have time to figure out what is not working on your end. The point is, we need time to correct for technological glitches, and waiting until the last minute to work on assignments will cause you undue stress and will likely impact your performance. To participate in Discussions you need to begin as soon as you can so that you have the time to thoughtfully respond to two other classmates (for full points).**

**If for any reason there are issues impacting your ability to complete work it is incumbent upon you to contact me, and I encourage you to do so, before you fall behind. Reach out and let's see what we can do together to keep you up-to-date with assignments.**

**Online communications can create a sense of social distance and perceived anonymity, impacting both the sender of messages and the receivers. Because of this, it is very important to be mindful to communicate respectfully to one another. Be aware that comments without facial expressions, vocal tone, or body language to inform meaning and intention can be interpreted as being harsh, so, please keep all communications supportive and kind. And this is especially true if you are critiquing the work of another student. Keep it positive!!!!!! If a student calls another student a name or personally attacks another, I will suspend them from the course temporarily and consult with the Behavioral Intervention Team and notify the administration. This is important because the content of this course can bring up strong feelings as we cover many concepts related to human variability. It is every student's right to feel respected and safe to take intellectual risks and to participate openly.**

**Expectations for your Instructor**

I will get back to you as soon as is feasible and in no later than 48 hours, except for on the weekends and holidays. Every assignment I grade I do so with equanimity, meaning that, I do not judge my students for the work they turn in or the grades they earn. I only judge the assignments based on criterion set in the rubrics (elements that are assigned specific points). I will make every effort to assure that all students are provided with the material in a manner that optimizes success. Some assignments require more time to grade than others do, and grading can take up to two weeks, depending upon the length and quality of papers I receive. Please read over editing comments I supply you with on your papers because this is a great way to develop written communication skills. However, I do not accept rough drafts. It is incumbent upon you to edit your work, have college level reading and writing skills, and obtain support from the student resources noted above if needed. In addition, there is a writing “packet” I supply you with that is complete with online peer editing sites, online writing sites for American Psychological Association Style (APA), model papers completed by students from past classes, research instructions, APA form in a nutshell (what you will need for purposes of the final paper), a very detailed rubric, and topic suggestions. Expect an extra credit assignment or two and this is a great opportunity to bolster your scores on tests or quizzes you may have scored lower on than you hoped.

### **Academic Dishonesty**

Resources will be provided to inform all students about copyright law, plagiarism, and cheating in general. It is up to me to determine if cheating has taken place and if I believe that it was intended. If I determine that academic dishonesty has been intentionally engaged, then I will remove the student from the course for two weeks and this will gravely impact their grade. If the dishonesty is egregious, I reserve the right to contact the administration and give the student an “F” on an assignment or in the course. Please review the Academic Policy on the cover page and ask me any questions you may have regarding the policy.

### **Drop and Withdraw**

Students may withdraw themselves and instructors (AP 5075) are allowed to withdraw students from class for non-participation or excessive absences through the 10<sup>th</sup> week of class. If a student misses more than half of the time in the four weeks they will be dropped. I highly recommend that you drop yourself before the census date so that you will be dropped from my role. Below you will find important dates, including those for dropping and withdrawing. Be sure to

check with admissions if you are considering withdrawing after census so that you will receive a refund.

### **Important Dates**

August 18th classes begin, September 4th is Census Day. My Census Roster is due on the 11th of September. This means you should drop yourself by this day to assure that you are dropped from the course.

Fall Break is Nov. 19th-24th. Dec. 8th begins the Finals week and Classes end Dec. 14th.

For other important dates please access the link below:

<https://www.redwoods.edu/Portals/200/AcademicCalendar1819%20FINAL.2018.pdf>

### **Course Participation Policy**

Students are expected to participate in weekly class discussions. When group assignments and discussions are scheduled, it is each student's responsibility to participate accordingly and to get the assignments in as required by each rubric that is posted with the particular activity. If nothing is posted in one week the instructor will not allow for make-up work unless specific permission is given via email communication. If a student misses two weeks in a row (by not turning in assigned material, engaging in discussions and completing assignments) they may be automatically dropped from the class. Missing one week will seriously impair performance.

### **Course Requirements and Grading**

#### **Discussions**

Each week will include a discussion essay and this is worth 10 points. Discussions will also include responses to other students worth a total of



20 points for 2 replies. Responses should be three very thoughtful. Simplistic responses, like "great job with your submission." do not provide feedback that is specific or very meaningful. Keep it positive, but add some thoughtful commentary about specific areas the submission you are responding to includes.

The essays are to be 200 words long and the responses should be 100 words long.

The essays should be free of grammatical and spelling errors and provide a thoughtful analysis of the question posed or prompt. Citing specific examples is expected. You do not need to relate any material to yourself, but if you choose to do so, this is wonderful (see, Over Sharing above in "Communications"). Detailed rubrics are easily accessed by clicking on the gear icon and there you will find the point break-down.

Discussions are worth a total of 260 points

### Quizzes

Most weeks will include a quizzes and the points vary depending upon difficulty level. However, there will be no late quizzes accepted and they are 10 points each.

These are worth 130 points total

### Research Assignments

#### Group Collaboration

Each student will be assigned a group to complete one written assignment. You will be assigned a focus group where you will generate one research paper analysis that will be provided within Assignments and in the Modules. Each group will be given a research paper to critique and through discussion will produce one essay (I will receive the same essay from each group member).

This is collaboration is worth 10 points

#### Final Research Paper

This assignment requires that each student complete one research paper on an area of their choice. Any topic within the field of psychology is acceptable so long as there is available research to include in the reference section. This requires some research on the library databases. The expectations, rubric and instructions will be provided to you in detail. This is an APA paper and may be the first research paper you have completed on your own. I have ample materials

to support you and will give you very detailed instructions with sample student papers to guide you.

This paper is worth 100 points.

### Midterm

The midterm is worth 100 points and will cover the topics from Chapters 1-9. The midterm will consist of essay questions that require you to demonstrate a thoughtful integration of concepts learned.

### Final

The final will be an essay exam worth 100 points and will cover the second half of the semester material from the mid-term on.

The Final is worth 100 points.

### Grading Scale

93%+=A

90-92%=B

87-89%=B+

83-86%=B-

80-82%=C+

77-79%=C

70-76%=C

6—69%=D

**Learning Units**

**Topic**

**Assignments**

Learning Unit I.

Foundations of  
Psychology

Week 1 8/20-26	Introduction and Welcome!	Read Chapter 1. Discussion/Essay
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Week 2 8/27-9/2	The Foundations of Psychology	Read Chapter 2. Discussion/Essay Quiz
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Week 3 9/10-16	Research Methods	Read Chapter 3. Discussion/Essay Quiz
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Week 4 9/17-23	Brain and Biology	Read Chapter 4. Discussion/Essay Quiz
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Week 5 9/24-30	Sensation and Perception	Read Chapter 5. Discussion/Essay Quiz
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**Learning Unit II.**  
**Learning and Cognition**

Week 6 10/1-7	Consciousness	Read Chapter 6. Discussion/Essay Quiz
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Week 7 10/8-14	Learning	Read Chapter 7. Discussion/Essay Quiz
Week 8 10/1-215-	Memory	Read Chapter 8. Discussion/Essay Collaboration Assignment (Read Assignment Instructions)
Week 9 10/22-28	Language and Thought	Read Chapter 9.
Week 10 10/29-11/4		Discussion/Essay Quiz
<b>Learning Unit III.</b>		
<b>Human Factors</b>		
Week 11 11/5-11	Motivation and Emotion	Read Chapter 10 Midterm
Week 12 11/12-18	Development	Read Chapter 11. Discussion, Research Paper Overview, Quiz
Week 13 11/19-25 Holiday	Personality Theory	Read Chapter 12 Discussion/Essay Library Research Overview Quiz

Week 14

Social Behavior

Read Chapter 13  
Discussion/Essay, Quiz

Work on Research Paper:  
Choose a Topic, Find 3  
Research Articles

**Learning Unit IV.**

**Disorders and Treatment**

Week 15

11/19-25

Week 16

Psychological Disorders

Read Chapter 14.  
Discussion/Essay  
Quiz